FLOW NEWSLETTER

Fall 2026

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Bread, Bread and more Bread

About two and a half years ago, Nelson, our Chair of the Board for Flow and active volunteer, said that we should start praying for the use of the community centre. This summer, God answered our prayers!

Since the pandemic, the community centre room was not open to activities and events. But a lot has changed. The long-time property manager of Kin Village was transferred last year. Since then, Kin is now on it's third property manager. Yet God has opened the door for a good relationship with all of them.

In parallel, this summer, Laura from the Bridge Markham, connected Flow with Cobs Bread. We began to pick up end of day leftovers at the new store in Markham. We pick up every Sunday evening and bag everything and freeze it or give it away the next day. Over the past four months, we've been actively picking up bread, and finding it quite taxing.



At times we felt like the Israelites complaining about being tired of manna (Numbers 11:5-6). After all, bread either has to be given away by the next day or frozen immediately. This has been a burden on us, yet we've been able to bless people with Cobs Bread in many new ways.

Since we had a newly formed relationship with the Kin Village property manager, I asked if we **next page->**

Bread, Bread and more Bread

could hold an event to give away bread and invite people to sit together and drink tea and coffee. The proposal was approved!

This began our Coffee and Bread ministry which meets every month. Neighbours help us organize and give out bread. We have the opportunity to meet people and chat with them. God continues to open doors in the neighbourhood, which allows us to share and speak about God's love.



BBQ, BBQ and no BBQ



We have been active this summer holding BBQs in the neighbourhood. Our Flow house church partners with local churches in putting it all together.

This summer we worked together with Celebration Presbyterian in Unionville for June; and the Bridge Markham for July. This included burgers, chili, hotdogs, and more. We had games for kids, singing and more too! But something happened that made us cancel our August BBQ **next page ->**



HOUSE CHURCH - Sundays at 3:00 PM

House Church or as we like to call it, *"Church Without Bounds"* meets on Sundays at 3 pm.

This allows the Christians in Kin Village and Trinity Square to worship together and to be a Christian presence. We sit together with neighbours in their homes and link other homes by Zoom.

Here's a couple of ways to get involved:

1. If you know a neighbour and would like to invite them to house church, you can ask to go to their place and link up by Zoom.

2. Or, you are welcome to worship in one of our existing homes.

Please contact Peter Ma for more details: pma535@gmail.com











BBQ, BBQ and no BBQ (cont'd)

We learned that 360 Kids was going to hold a community BBQ the day before ours in the same spot. They didn't hold one last year and our BBQ was approved by the property manager, so I assumed we were fine for August. But we adjusted and canceled our BBQ. As it turns out, I called 360 Kids and offered to help with their BBQ. The organizer told me they had no one to actually BBQ and they could use help running games. So with some neighbour and Flow volunteers, we were able to help them out. I think of it as a win-win, since the neighbours got together for a BBQ and we didn't have to put it on ourselves. It also opened the door to discuss tutoring opportunities with 360 Kids! All in all, God is working and doing beautiful things in our midst.



Whom We Serve

The name *"Flow Without Bounds Ministries"* derives from Jesus's encounter with the Samaritan woman and said,

"Everyone who drinks this water will be thirsty again, but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life"
John 4:13-14

Flow wants to *flow without bounds* to every nook and cranny with living water, reaching all people with the message of the Kingdom.

PRAYER SUMMIT



Have a prayer request?
Come to our Zoom version of Prayer Summit.

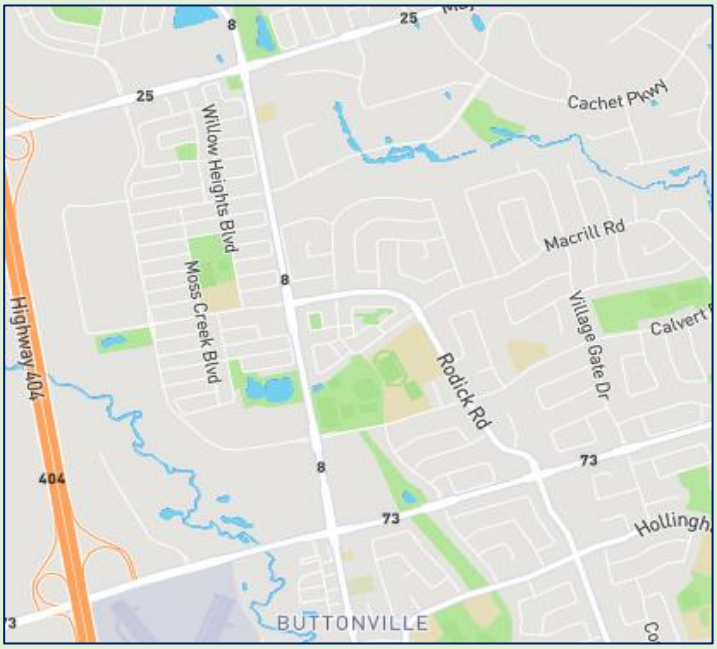
Join us at 7:30 pm on the
2nd and 4th Wednesdays of the month.

UPCOMING DATES:
Oct 14, 28
Nov 11, 25
Dec 9, 23

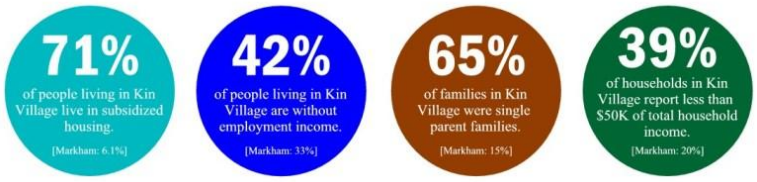
Zoom Details
Meeting ID: 5648589458
Passcode: 2023

For specific details about these virtual meetings, please send us an email to: **pma535@gmail.com**

Kin Village and **Trinity Square** are two communities located north of 16th between Woodbine Avenue and Rodick Road in Markham, Ontario.



Most of the households are on subsidized housing rent and a substantial number of people are in unique circumstances and challenges.



Source: Statistics Canada 2021, Census Profile: 2021 Census of Population: Profile Table, Modified 2023-02-01. Accessed Mar 7/2023

FINANCIAL UPDATE

At Flow, we are thankful for your support in prayers and financial support. We aim to spread the Good News all over the neighbourhood of Kin Village and Trinity Square. Will you help us achieve this goal?

FLOW FINANCES
as of Sept 30, 2026

REVENUE	$82,157
EXPENSES	$65,929



Our Programs



Three Ways to Donate to Flow Without Bounds Ministry

Give via Cheque

Please make the cheque payable to "Flow Without Bounds Ministries."

NEW Mailing Address:
Flow Without Bounds Ministries
78 John Stiver Crescent
Markham, Ontario
L3R 9B3 Canada

Give via Interac E-Transfer

Send your donation to:
flow.finances@gmail.com
We have auto-deposit setup but if you are first time donor, please email your name and mailing address to: **flow.finances@gmail.com** for tax receipt purposes.

Give via Credit Card/Apple Pay or Be Our Monthly Partner

We have a profile through CanadaHelps.org at:
www.canadahelps.org/en/charities/flow-without-bounds-ministries/

Please note that a fee of 3.5%+ will be charged and tax donation receipts will be issued by CanadaHelps.

We would love to care for **you** our donors and inform you of any future donor appreciation events. If you are first time donor, please drop us a note via email: **flow.finances@gmail.com**